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STIMULANT POLICY

At Wayside Health Associates, our goal is to provide you with excellent care. The medical treatment of Attention Deficit Hyperactivity Disorder (ADHD) requires more administrative attention from physicians and staff than most other medical conditions. The medications used to treat this condition are highly regulated Schedule II controlled substances because of high abuse potential. We are under close scrutiny when we prescribe these medications and are responsible for ensuring and being able to prove to the DEA that they are being used legitimately. In order to provide the proper level of care, we expect that you agree to the policy below.

- We do not make an initial diagnosis of ADHD. We require written (not verbal) confirmation of the diagnosis from a qualified mental health professional. If you have not previously been diagnosed with ADHD and think you would like to be treated for it, we will be happy to provide you with referral contact information.
- Once the diagnosis has been confirmed to our satisfaction, we will begin prescribing. By law, we can only prescribe a thirty (30) day supply of medication. The prescription has to be printed on special tamper-proof paper. In general, we expect that the prescription be picked up in person. We ask patients to call our office **at least two (2) business days** before the supply of medication runs out. An authorized person other than the patient may pick up the prescription, but a photo ID will be required if we are not familiar with that person. For mailing prescriptions, there is a \$10 charge for each prescription to cover our cost and time. We only send prescriptions for controlled substances via certified mail.
- Schedule II prescriptions must be filled within 5 days of the date of issue. Federal regulations require that all prescriptions for controlled substances "be dated as of, and signed on, the day when issued." We cannot provide you with a postdated prescription.
- Face-to-face ADHD follow-up evaluations in the office are mandatory **at least every 90 days** in order for us to continue prescribing. These visits are designed to assess how you are doing on your medication and whether adjustments are necessary. In addition, an annual well-person physical is required.
- If you fail to fill or lose your prescription, we can replace it for a \$10 fee. Any expired prescription must be returned to the office. If a prescription is lost or stolen, you must file a police report and provide us with a copy before any prescriptions can be rewritten.
- If a medication refill is requested and you have not had a re-evaluation within the last 3 months, you will be given a 1-month prescription and asked to schedule a visit. No further refills will be given until you have been seen by Dr. Krasner and are current on annual well visits.
- You agree to submit to random urine drug testing as a condition of ongoing therapy.